Plastic produce bags

1 romaine lettuce (or red leaf lettuce or green leaf lettuc

1 Swiss chard

1 small container of baby tomatoes

1 Celery

3 Carrots

3 servings of zucchini or yellow squash

1 lb. broccoli

1 cauliflower

1 Cucumber (if it looks really good)

1 Italian parsley (if it looks really good)

Strawberries

2 Fuji or Honeycrisp apples

6 servings of fruit

Bananas

Calrose medium-grain rice

1 can of unsweetened coconut milk

Small bags of chips

Cheese sticks

Mountain High Yogurt

1 gallon nonfat milk (Thomas)

1 quart heavy cream

Dove soap

Hand soap

Chlorox wipes

Toilet paper

Glad Cling Wrap (if on sale)

Forti-Diet Nature’s Harvest Guinea Pig Food

Timothy Hay